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Columnists

A Perfect First Date for Single Parents

by Alisa Ruby, M.A.

For many single parents, the idea of jumping back into the dating scene after a long hiatus can provoke anxiety, but it doesn't have to. A delicious meal at a fine dining establishment is a great way to break the ice.

Arnie Morton's The Steakhouse is perhaps one of L.A.'s most intimate yet comfortable first date spots. Its club-like interior features rich mahogany paneling, spacious leather banquettes, and ambient lighting in the classic Chicago style. Since opening, the restaurant has been consistently recognized as one of the nation's finest dining establishments, achieving critical acclaim and numerous industry awards for premium food and wine selections, quality of service and elegant decor.

The lavish cuisine offered at Morton's will make your date feel special and the cozy and familiar feel will help everyone relax and enjoy the moment. Morton's offers a wide variety of both California and imported wines, as well as a full assortment of premium liquors and beers, to help ease first date jitters. While first daters get to know each other over Morton's fine vintages, the famous lump meat crab cocktail and cockney oysters on the half shell are an absolute must to start your meal off right.

For those meat lovers out there, get ready to choose your main course from the Double Filet Mignon 24 or 48 ounce Porterhouse Steak, Tenderloin Brochette with Diablo Sauce, or the flavorful Ribeye Steak. If your date is more of a salad person, that's not a problem. Morton's also offers a fine variety of delectable salads that will fit the bill very nicely.

You are on a date after all, so follow this very satisfying meal with a little flirting over a delectable dessert. Indulge yourselves with a Soufflés for Two or the sinfully rich Godiva Hot Chocolate Cake, and take a moment to slow down and linger over a cappuccino as you continue to get to know this new person in your life. Even if your date turns out to be a dud, you are sure to end the evening with a smile on your face.

For your first foray back into the dating scene (not to mention your second, third, and fourth), Morton's is a wonderful place to test the waters and build memories (and hopefully a new love) at a pace you can feel comfortable with.

You can find Arnie Morton's The Steakhouse in three locations in the Los Angeles area. For more information, call (310) 246-1501 (Beverly Hills), (818) 238-0424 (Burbank), or (213) 553-4566 (Downtown Los Angeles). You can also visit www.mortons.com.

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